



GYMNASTICS NOVA SCOTIA

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Why you should consider becoming a “certified Foundations coach”

“Why should I bother to go through all the work to become a certified Foundations Coach?” This is asked of the GNS office on a regular basis. “If there is the option to be trained or certified and I don’t need to be certified to take my next level what’s the point? “

In our Province the most common reason for coaches to complete the certification process is so that their clubs can operate in accordance to our Provincial club requirements; Recreational Clubs are required to have a certified coach in the gym at all times. From the GNS policy manual - clubs must have;

i. Recreational Gymnastics

Supervisory Instructor	19 years of age or older Minimum Full Level I or Foundations NCCP Gymnastics Certification Level II or Competition 1 Trained
Class Instructors	16 years of age or older Minimum NCCP Level I Gymnastics Certification or “Trained” Status in NCCP Foundations Artistic (see exemption process – Appendix H.1)
Assistant Instructors	In training to certify as an NCCP Level 1 or Foundations gymnastic instructor

The supervisory instructor must be present (in the gym) during classes.
The supervisory instructor may or may not be directly involved with instruction of the class.

Completing the certification process implies that you have demonstrated competency as a coach and that you view the role of coach as a profession that has nationally established guidelines that you follow. Certification is documented through the Coaching Association of Canada and you are accountable as a “Gymnastics Canada certified coach”. As a certified coach you are committed to ongoing professional development. This should be a source of pride to you and a source of assurance to the parents of the athletes you are coaching.

You should also be aware that completion of the certification path can result in Nova Scotia High School credits. You can contact the GNS office for more information on this.

Coaching is a very rewarding career and completing the certification process is something to be proud of.

To better understand the evaluation process see the coaching pathway found here (insert link to pdf) and view the Evaluation package found here (insert link to Evaluation package)